

CERTIFICATE OF PARTICIPATION

This is to certify that

Karel van Heerden

Has successfully participated & completed the

5km Four Seasons @ the Cowhouse - Spring

held at Cowhouse Market.

TIME 00:55:03

PACE 11:00/km

OVERALL 60 of 74

GENDER 24 of 27

40 - 49 7 of 8

28 October 2018, Sun

Date



BoutTime

Signature

